

**Transcriber's Note:**

Questions are sometimes summarized or abbreviated.

Hello's, Thank you's, etc. are not transcribed.

The actual answers to questions are word for word.

[39:50] 1. John question from an email on the Adam Kadmon Body:

Please explain what the Adam Kadmon body/template is.

Is it the highest frequency level of our Light Body?

Is it the original 12<sup>th</sup> Dimensional "body" we came to Earth in when Earth was formed as a somewhat physical 12<sup>th</sup> Dimensional Christed Planet?

Are we in a position now to be receiving specific Adam Kadmon body activations or is the same as our continuing Light Body activations?

Lords of Light: There is not only confusion about what an Adam Kadmon body is, but it is restricted by states of consciousness that are of the more dense dimensional configuration. So, as more of the Light Body is activated, a clearer perspective of what the Adam Kadmon body is will become clearer.

But we wish to say this, to help you clear up some of the confusion:

In the original 12<sup>th</sup> Dimensional "body", there was an iteration of the Adam Kadmon body that is no longer accessible, because of the fall of consciousness.....

The Adam Kadmon body is the Light manifestation of the Sons of Light, and this is who you are, who have evolved beyond the restraints of the physical body. And we are speaking here of that 3<sup>rd</sup> dimensional body, as you know it.

The Adam Kadmon body is imparted upon the Light Body, which then becomes the extension of Source Energy. The Adam Kadmon body has the ability to take on any form necessary to create and teach pure Divine Imaging. Because of the fall of consciousness, man lost the ability to operate in a multi-dimensional level of consciousness. He lost the ability to use the apparatus of tele-thought communication. And we've been speaking of this now and again, in this last year, about tele-thought communication, because it is being resurrected.

The Lords of Light and the Elohim are reprogramming man's identity patterns, so he can go back into the Light form of the Adam Kadmon body, which was the original body in use when Earth was first created in the 12<sup>th</sup> Dimension.

[43:55] Humans at the present time have just entered that redemptive sequence of Christ Consciousness. The beginning stages of a 5<sup>th</sup> Dimensional Light Body activation has begun. This is the first in a series of Light Body emanations, which will be activated as the transformational process evolves. You are now in that transformation of a 3<sup>rd</sup> dimensional body into a 5<sup>th</sup> Dimensional body.

Each sequence of the Light Body emanation is over-lighted by an Adam Kadmon body according to the dimensional sequence that is present. Each Adam Kadmon body has the capacity to alter the cellular and the molecular configuration of the physical manifestation in matter and each evolutionary sequence, so that the physical manifestation can hold the level of consciousness of that dimensional sequence in a form.

In this time sequence, Humans only have a small portion of an Adam Kadmon body that is available to them, because the 5<sup>th</sup> Dimensional Light Body is not completely activated. The Adam Kadmon body resides and domes over the Light Body, just as the OverSoul domed over the physical body before a Human consciousness evolved and the descent of the OverSoul followed the descent of the 8<sup>th</sup> chakra.

So, this is only a rudimentary aspect of what the Adam Kadmon body is. So, we have approached it from this, so that you might be able to process it through the brain, because it's such a complex energetic expression.

[Pause while people contemplated.....]

[47:57] Comment from the Lords of Light:

We realize that there was a lot of energy and concepts that were brought forth in this session. And perhaps you haven't had time to formulate or digest what we have brought forth. So, let us begin here. This may help you a little to begin to open up what you are feeling or what you are questioning.

We ask you to remember at the last conference when Metatron said to you that the concept of the Divine Feminine and the Divine Masculine must be dropped and dropped NOW. And I'm sure all of you that were present at that conference remember that.

What were you feeling in that moment?

What questions arose in your mind around that?

Because, I'm sure/we are sure that many of you had not ever considered that.

So let's have a little discussion around that. Maybe that will open a doorway.

[49:42] 2. Kelly:

What I'm sensing for myself, from the conversation I heard earlier, is that there's more clearing to do. In my life there still seems to be stuff coming up. Avoiding it makes it worse. Acknowledging it to release it, to clear it seems to be helping with the concepts that I think that I heard you bring forward about dissolving the idea of masculine and feminine. Because it seems like the stuff coming up might have been born from ideas of being a certain way, based on being masculine energy or feminine energy.

Lords of Light:

Yes, you said it very well, very clearly.

Yes, there are things arising to be cleared that are out of alignment with the Love and Unity Consciousness of 5<sup>th</sup> Dimension. So that said, haven't you found the clearing process much easier than in previous times? Just by recognizing the misaligned energy and saying, "Oh yes, I see that." It almost clears itself. Correct?

Kelly:

Yes, I think I absolutely agree with that. It is getting easier. What you said about recognizing is sometimes a little slower than I would like. But yes, as soon as I have an awareness that, "Oh, that is there because it's ready to be cleared", it does seem to be easier to let go of it. There's not as much fight behind it, about wanting to keep it. So yes, that is getting much better, thank goodness!

Lords of Light:

Yes, because you are learning about emotional attachments to certain things: "This is the way it always has been; this is the way it is." Well, not necessarily so. So, it's in the releasing of attachment to the physical expression that is out of alignment. That's all that is needed, is just to release that attachment. And it's gone!

Kelly:

That sounds very Buddhist almost – letting go of attachment is very key.

We're continuing to do that and very grateful I can find a little bit of the Divine Heart. It seems like I'm able to connect with that more than I ever could before. And that helps not hold on to so much attachment to things it's really time to let go of. But there's a part of me that at times really doesn't want to.

Lords of Light:

Of course, of course. You're in transition.

[53:30] Lords of Light:

Now let's talk about the wounding of that masculine and the feminine that has taken place over eons of time, since the fall of consciousness: the old template of fear, and less than, dominance over, unworthiness – those types of things. There is extreme wounding. And many times within each individual, it surfaces as the wounded part of that masculine expression or the feminine expression in a gendered body.

So this is what has to come into that unification -- where you honor that aspect of the masculine that creates, the masculine influence that creates in an engendered body and the feminine influence that creates in the same body. It's not just one or the other depending on the gender of the body. It's both of them as they are expressed in Unity. And there is a lot of wounding around that. There is a lot of fear in one body type or another relating to the gender – afraid.....

Many who are in male bodies are afraid to acknowledge their emotions, their feelings, afraid to acknowledge their intuitiveness. And by the same token, those in female bodies are afraid to be assertive, to rise out of that victimization role of subservience or less than. And when they do rise out of that, a lot of times they rise out it within that current of emotion of anger, which is very powerful. It will motivate you to move. But it has to be tempered with compassion and Love and value.

Kelly:

May I ask a question? [Lords of Light: Yes, of course]

Is it still necessary to bring things to conscious awareness before they can be cleared? Or can they be cleared just with an intention of clearing something hasn't yet gotten to the consciousness? I would say it needs to come to consciousness and then be released maybe as much as cleared.

Lords of Light:

Yes, you are correct.

Now, all of the intricacies of that misaligned energy template don't have to be visited; just knowing the basic concept is enough. You don't have to wallow in the attachment, in the emotion of something that happened long ago. Just acknowledge is all that is needed. And that way you don't attach yourself to that fallen emotional state. You see it, you comprehend it, and you release it.

Kelly: Thank you very much.

Lords of Light: You are very welcome.

[57:58] Lords of Light: Now, would somebody else like to ask a question or speak?

3. Sharka:

In our first discussion last call, Metatron told us that he had noticed that those in feminine beings expressed in a more direct way, using more of that masculine expression. And those with the masculine bodies were expressing more emotion.

After the discussion I noticed I was more direct and less scattered.

And I definitely have noticed, after talking about this wounding, that I was wounded that way a lot, because I was scattered! A lot of shame attached to it each time.

How can I feel this more?

Lords of Light:

Well, it's very important to feel it, however, not to be attached to any emotion related to the lower energies of 3<sup>rd</sup> dimension, such as judgment, because that is present when you recognize those certain misaligned energies. There's judgment and there's shame. And this is not necessary. This does not help you clear that misaligned energy. It creates another misaligned energy related to separation and unworthiness.

So, make an agreement with yourself: when these things surface, try to get into that neutral state. See it for what it is. Don't attach to that fallen emotional energy. Don't judge yourself harshly. The event has already happened and there is wounding. So, compassion, nurturing is what is needed in order for you to release those misaligned templates.

Sharka: I guess I'm judging myself that I don't accomplish more in receiving the channelings. I feel like I am not successful, because I am scattered. Is this correct? When I heal this wound, will I be able to channel these energies which we are being taught to channel?

Lords of Light\_: You can channel them. And yes, there is wounding. But just recognize that there is wounding. And nurture yourself. Love yourself. In the midst of this wounding and the feelings that are surfacing, recognize that you're alright, that you are in a different state of consciousness. You are not same individual as you were several years ago, whether it be 5 years, 10 years, 20 years. You do not hold the same consciousness. You are not the same individual as you were when those woundings took place! You have new energetics that you can embody. You have new ways of processing complexities of thought. And you have beautiful Light energies and templates that you can use to move you along. That's all that's needed.

Sharka: Do I need to repeat that process of acknowledging and releasing many times?

Lords of Light:

No, just when they surface. When something surfaces that you recognize, then just say, "I see that! And I choose to release it. I am no longer that. I AM Love and I AM Light".

[64:41] 4. Anonymous class member:

Could you clarify what we are seeing with male and female energies and voices coming forward on a national level and world-wide level? We are seeing, particularly with women, where there has been abuse or intimidation, more and more women are coming forward and choosing no longer to be silent. I've seen this over the years as an anger generating like a motor until they come forward. But it didn't grow into an understanding or a sense of Unity for both sexes to come together. It feels different to me now, both on a large macro level and on the individual level. I feel so very happy with the women who are saying, "We won't be silenced anymore". And yet I see many men coming forward, showing great Love and compassion and really listening more than they did decades ago. For myself, it all blends into a beautiful sea of Unity. Do you feel that this is a beginning surge for our planet?

Lords of Light:

Of course! Of course, it is. You have to start somewhere. And even if it comes in in a misappropriate way through a level of misplaced anger, it roots out the silence, because in the silence, the victimization, whether it be of the masculine or the feminine, continues. It's the same old, same old..... until it surfaces and is recognized.

Now, it takes a state of consciousness to bring that forth from a more unified perspective. So, you are going to see many iterations as it surfaces, many ways of expressing it, many ways of reacting to it. So, it is not all peace and harmony in this surfacing of these misaligned masculine/feminine energies, especially because of the wounding that is so deep-seated in the body, where the unification and the recognition of each individual's expression having masculine and feminine influences in their creative process has been stifled. It's been hidden. It's been unacceptable. So, all of that is changing. And change oftentimes in the physical realm is quite messy.

Anonymous:

That it is! But it is pretty spectacular, too.

Lords of Light:

Yes! It can no longer be hidden. That's the beauty. All of the little dark secrets that were hidden for hundreds of years, thousands of years, can no longer be hidden, because the Light prevents that. All is shown.

Anonymous:

And the Light sets us free.

Lords of Light:

That is correct.

[70:17] 5. Anonymous #2:

There seems to be a blending inside of me of the conversation about the masculine and feminine and the Adam Kadmon conversation. It feels related in me to what occurred in the tomb of Yeshua after the crucifixion. Could you clarify that. Was that blending actually accomplished? It feels like my field is gravitating towards that experience and that accomplishment.

Lords of Light:

Could you be a little concise in what your question is, in relation to that experience of Yeshua in the tomb during those three days.

Anonymous #2:

Did he actually accomplish the unification of the masculine and feminine or the dropping away of any separation of the masculine and feminine and become the Adam Kadmon?

Lords of Light:

He was able to have an Adam Kadmon body, because of the state of consciousness that he not acquired but came into that body with: a 5<sup>th</sup> Dimensional state of consciousness. So he had a version available to him in that body of the Adam Kadmon, fully exemplified.

Now, as far as the unification of the masculine and feminine template, seeds were planted through his actions prior to the crucifixion. And with that unification, the Love and unification, the templates that were present in his body, that provided a template of Unity as well as Love. The seeds were planted but were not manifested, still are not manifested in the body and in the consciousness.

You are in process. What happened in that era when Yeshua walked the Earth was very important, but it has not yet been manifested totally.

Anonymous #2:

So that's our work now. We're carrying that energetic forward [LofL: Yes]. And to echo what was discussed in the previous question: This is what's occurring in my life now, where everything is telling me no more blind eyes, no more hiding anything – must look and ask for the Truth to be shown all the time.

Lords of Light:

Correct. And in the precision of what you are thinking, what you are feeling, and what you are creating in your life experience. Precision in alignment with that Unity Template.

[74:15] Anonymous #2 Second Question:

We talked about the Unity Template and the 2<sup>nd</sup> Light Packet integrating in with the 5<sup>th</sup> Strand of DNA. I need clarification on the mechanics of that. I'd like to just say it's done and now it's up to me to see the unfolding of this.

I'd like to be precise about how I activate and what I need to do and be.

Lords of Light:

You don't need to do anything. You just need to stay aware.

Now, as we have said, that 5<sup>th</sup> Strand of DNA as well as the Light Packet that was placed there, that 2<sup>nd</sup> Light Packet, is very layered energetically and conceptually. And so, the complete activation of those 4<sup>th</sup> and 5<sup>th</sup> Strands of DNA are not complete. The energetic expression of those DNA structures/Strands are not complete.

The body has not been able to, at this juncture, been able to re-define itself from a cellular/molecular level to a 5<sup>th</sup> Dimensional physical vehicle. So, it is not complete! Nor is the activation of the Light Body, so that the Adam Kadmon expression of that Light Body can be fully activated. You are in process....

So, there is nothing to do but receive the iterations, the energetics as they are given..... and work with them in your unique way.

There is no goal.

There is no completion dates.

It's a process.....

Anonymous #2:

I felt an invitation.

As you were speaking, what it is is just to be still sometimes and commune with these energies and allow it to unfold and reveal itself. So that's beautiful.

Lords of Light:

Correct!

[Pause]

Are there any more comments or questions?



[78:02] 6. Charlotte:

The more I work with what I call my whole Divineness, not separated into masculine and feminine, but as a whole “this is who I am; this is how I want it to be”, some of that woundedness seems to fall away, so I can start to function again. Restrictiveness of “I can’t do this” starts to fall away.

Lords of Light:

Yes! When the healing takes hold in the consciousness and in the wounding of the body, the body’s consciousness – when that healing takes hold, you find there are less restrictions.

Charlotte:

Some of it is grouped, same kinds of woundings are grouped together. And when that woundedness falls away, all of the same kinds of wounding fall away. It doesn’t matter any more.

Lords of Light:

Correct! You are accurate. You are very accurate.

A lot of the wounding is layered and relates to a similar thought process.

Charlotte: Almost like a program, a response program that was created after the wounding, so similar woundings are strung together and lead to similar responses. A whole string can just kind of be done. I’m hearing in my internal languaging sometimes, “I’m done with that now -- DONE”.

Lords of Light:

Correct. Yes.

So when it’s released and healed, the entire thing falls away, because it’s connected; each thing is connected.

Beautiful.

[Pause]

Lords of Light:

We’d like to thank you for your responses and your questions. Even though some of you find it difficult, it’s very important in these sessions to try to formulate questions, to try to formulate your thoughts, so that an expansion through the energetics presented can take place, because you are very present and involved in the process.